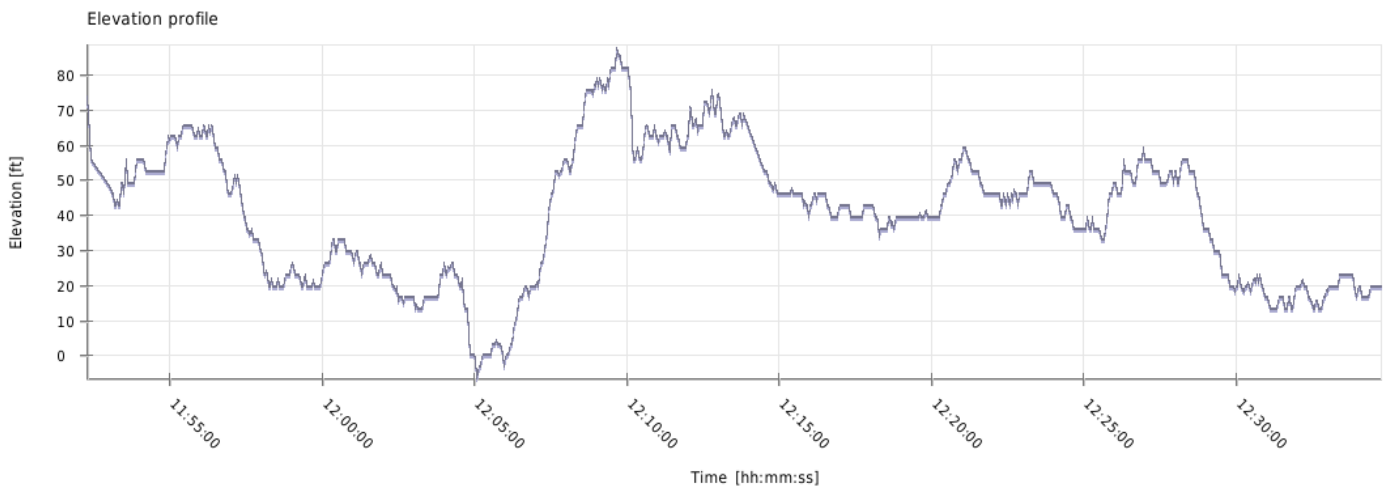
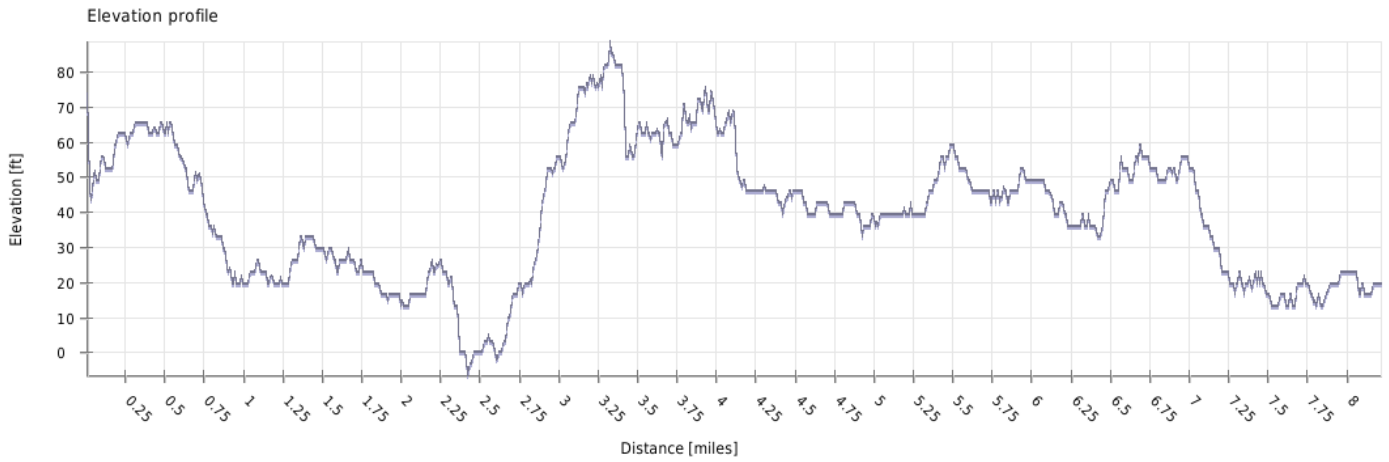
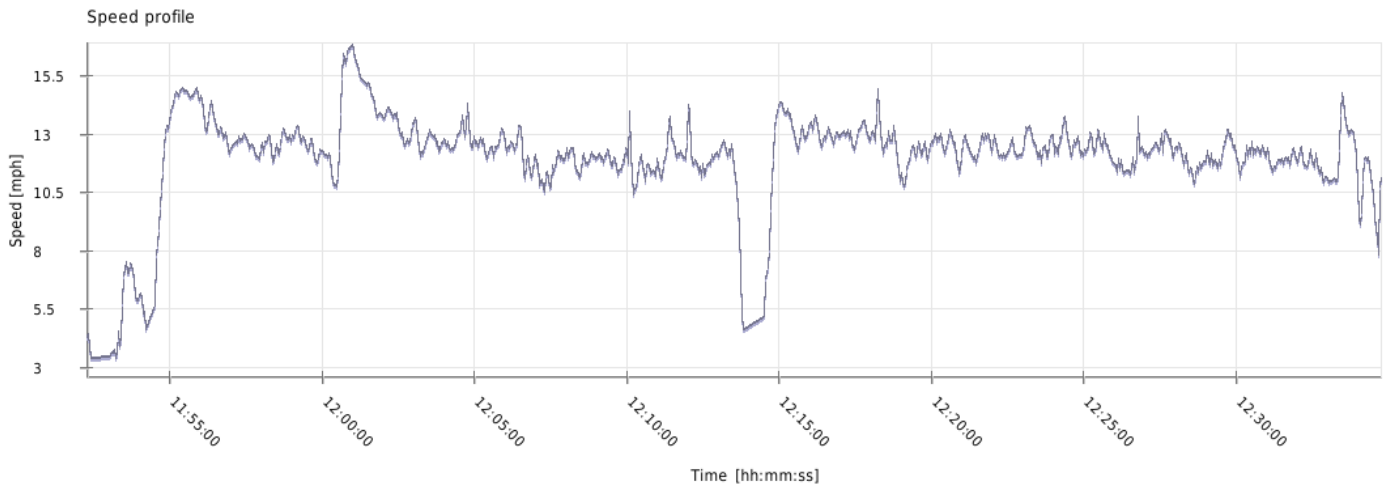
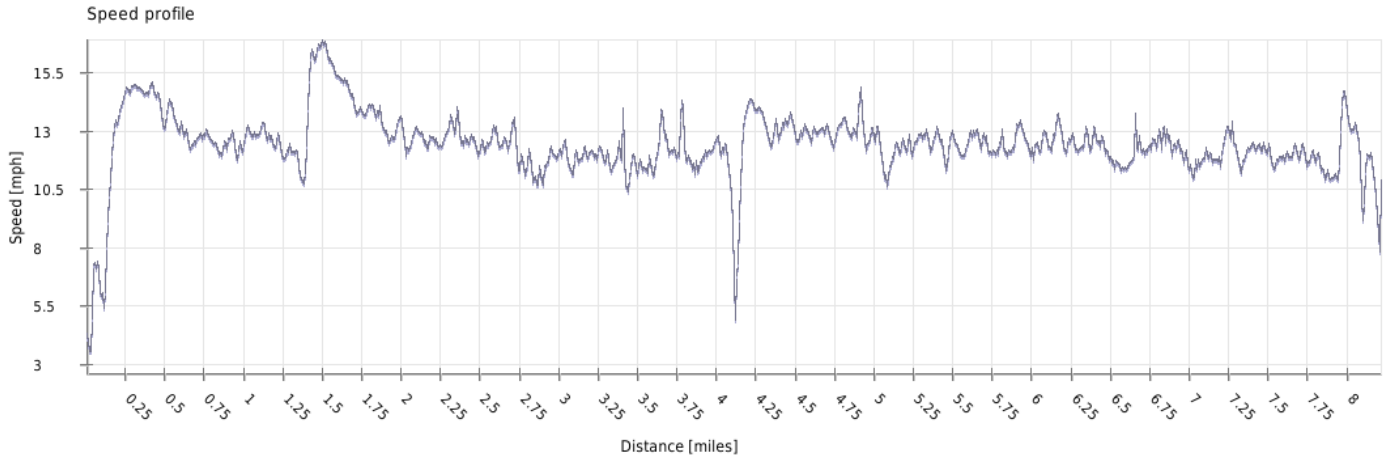


Elevation



Minimum elevation:	-6.6 ft
Maximum elevation:	88.6 ft
Average elevation:	39.2 ft
Maximum difference:	95.1 ft
Total climbing:	659.4 ft
Total descent:	721.8 ft
Start elevation:	82.3 ft
End elevation:	19.7 ft
Final balance:	-62.7 ft

Speed

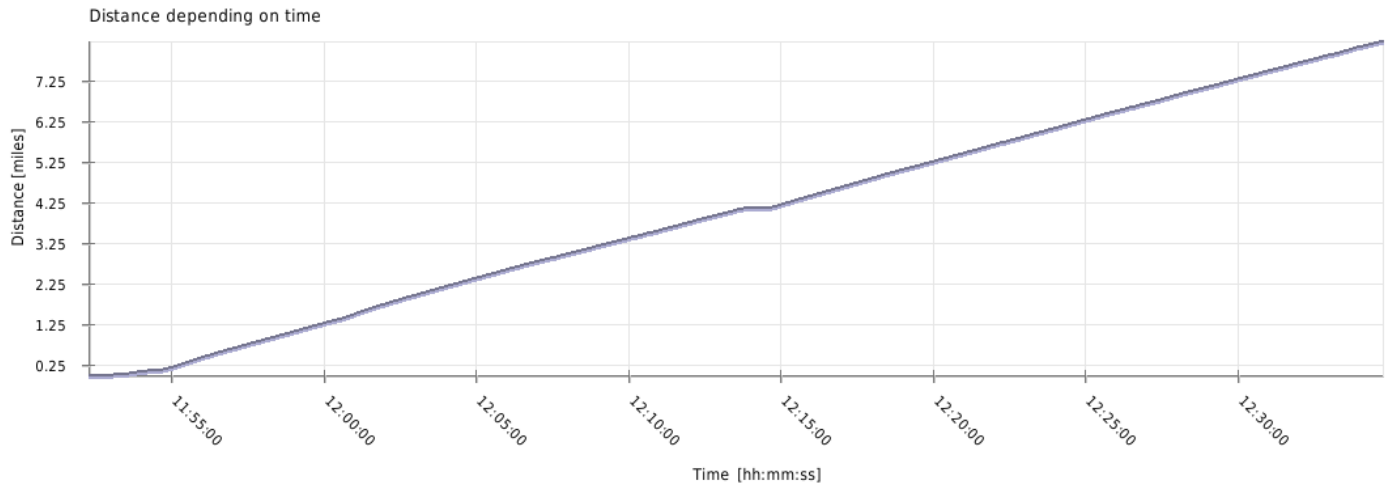


Minimum speed:	2.6 mph
Maximum speed:	16.9 mph
Average climbing speed :	12.2 mph
Average descent speed :	12 mph
Average flat speed:	12.1 mph
Average speed:	12.1 mph

Time

Date of track:	29.7.2010
Start time:	11:51:18
End time:	12:34:47
Total track time:	43m 29s
Climbing time:	03m 44s
Descent time:	06m 22s
Flat time:	33m 23s

Distance



Total flat distance:	8.2 miles
Total real distance:	8.2 miles
Climbing distance:	0.7 miles
Descent distance:	0.8 miles
Flat distance:	6.7 miles